**The effect of religious and Quranic worship on health**

**Banafsheh Tehrani Neshat**

Student Research Committee, PhD Student in Nursing, School of Nursing and Midwifery, shiraz University of  
Medical Sciences, Shiraz, Iran

E-mail: [minatehrani51@yahoo.com](mailto:minatehrani51@yahoo.com)

**Abstract** :

Having excellent communications with superior force is one of the psychological needs of man. In numerous prayers, be requested to health and maintain it from God. Because, the feeling of absurdity and psychological unsteadiness is one of important factors in psychological problems and physical complications. The aim of review study, to assess the effect of religious and Quranic worship on people health. The results show in order to improve illnesses and promotion of health, has been used from prayer in Islamic medicine. Imam Ali says “God favors his reminds and mention to the health polished and brightness. In recent years, health sciences researchers have considered, the effect of the prayer in treatment of many diseases such as cancer, heart disease, [thalassemia](https://www.google.com/search?q=thalassemia&start=0&spell=1&biw=939&bih=581), kidney disease, infertility, blood infection and arthritis rheumatoid. In general, increased interest and concentration of medical scientists to the effect of prayer in treatment of diseases, can show incurable some diseases in modern medical framework and also importance of use of traditional medicine and complementary methods including prayer for cure. Most studies show positive effect of prayer and worship on improvement and make feeling of comfort in patients. Therefore, it is necessary that offer the accomplishment of lawful commands as religious care, in addition to medical treatment to control and cure of the diseases.

**Keywords:** religious worship, Quranic worship, prayer, health.